

Ingredients:

- 1 large onion
- 1 tbsp oil
- 1 cup cleaned dry fish
- 1 cup carrot
- 1 tbsp curry paste
- 1 tbsp coconut powder (mix in hot water)
- coriander leaves to garnish

Method:

- 1. Heat oil, add onion and sweat it with a pinch of salt.
- 2. Add the curry paste and cook for 3 mins.
- 3. Add the dry fish cook for 5 mins
- 4. Add the carrots.
- 5. Add the prepared coconut milk.
- 6. Add water and salt as required.
- 7. Cover and cook for 15mins
- 8. Add coriander leaves to garnish and serve with boiled rice.